



JUSTIN TROSCLAIR, DC

Connect With Dr. Justin Trosclair

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(podcast)

Bio:

Dr. Justin Trosclair D.C. has been creating a difference in people's lives since 2007. He spent seven years in private practice in Denver, CO, and five years in Yunnan Province China working as a foreign expert chiropractor in a hospital setting. He currently lives and works as a chiropractor in Cologne, Germany.

He is host of A Doctor's Perspective Podcast: over 200 doctor to doctor interviews about their specialty, marketing, staff concerns and ways to maximize family life balance.

Dr. Trosclair has authored three books. A no needle acupuncture guide for self treatment, a complete health reboot including diet, exercise and financial topics (it was a #1 seller on Amazon for a short period), and a book explaining how to master Chinese dinner culture as a foreigner since it is such an important part of their culture. He also released a series of tri-lingual animal based children's coloring books as a passion project for his daughter.

With his humor, travel and cultural awareness, and chiropractic career (private clinic ownership, associateships and hospital based) Justin has been a featured guest on podcasts and live streams discussing these topics.

Interview Topics:

-  Living and working in a foreign country where you do not speak the language
-  Time management to write books, podcast, work, and family life
-  Marketing a self published book
-  How to/ Why podcast
-  Chiropractic business success or clinical pearls
-  Diet, exercise, budgeting and other health topics
-  Discussion on any of the 3 books

